

REQUIRED Learn to Skate USA MEMBERSHIP

All skaters are required to have either a Learn to Skate USA or Full United States Figure Skating Membership. Learn to Skate USA memberships must be purchased **prior to registering** for your class by going to www.learntoskateusa.com. The membership is \$17.25 per year which runs annually from July 1-June 30th. A Learn to Skate USA or Full USFS number is required for ALL ON ICE PROGRAMS. The rink will still be providing a full ISI membership for all skaters registered for on ice programs which is included in the cost of the class.

~The programs below that are YELLOW all require this membership~

Skating Classes: Snowplow Sam and Learn to Skate USA Levels

Name	Day	Dates	Class Time	Class Format	Cost
Learn to Skate (Ages 4-13: Basic 1-6)	Thursday	6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10, 8/17, 8/24	6:00-7:00pm	30 min class/30 min practice	\$ 180.00
Learn to Skate (Ages 4-13: Basic 1-6)	Friday	6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18, 8/25	6:00-7:00pm	30 min class/30 min practice	\$ 180.00
Adult Learn to Skate (Ages 13+: Basic 1-6)	Friday	6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18, 8/25	6:00-7:00pm	30 min class/30 min practice	\$ 180.00
Hockey LTS (must pass Basic 1 from LTS)	Friday	6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18, 8/25	6:00-7:00pm	30 min class/30 min practice	\$ 180.00
Tots (Ages 3-5 / Snowplow 1-4)	Thursday	6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10, 8/17, 8/24	6:00-6:30pm	30 minute class (no practice)	\$ 135.00
Tots (Ages 3-5 / Snowplow 1-4)	Friday	6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18, 8/25	6:00-6:30pm	30 minute class (no practice)	\$ 135.00

Future Stars : ISI and LTS-USA Training Program for the Recreational competitor and first step towards competitive skating (Basic 3-Freestyle 10)

Name	Day	Dates	Class Time	Class Format	Cost
Future Stars (Basic 3-Freestyle 10)	Tuesday	6/27, 7/11, 7/18, 7/25, 8/1, 8/8, 8/15, 8/22 (no 7/4)	5:00-6:00pm	60 min class (approx 30 min inst)	\$ 160.00
Future Stars Technical Class (FS 1+)	Thursday	6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10, 8/17, 8/24	6:00-7:00pm	60 min class (approx 30 min inst)	\$ 180.00
Future Stars (Basic 3-Freestyle 10)	Saturday	7/1, 7/8, 7/15, 7/22, 7/29, 8/5, 8/12, 8/19, 8/26	8:50-9:50am	60 min class (approx 30 min inst)	\$ 180.00

Team Skating

Name	Day	Dates	Class Time	Class Format	Cost
Production Team	Monday	6/26, 7/10, 7/17, 7/24, 7/31, 8/7, 8/14, 8/21 (no 7/3)	6:00-7:00pm	60 minutes instruction	\$ 160.00
Synchro Team	Saturday	7/1, 7/8	7:50-8:50am	60 minutes instruction	\$ 40.00

Off Ice Training and Fitness Classes

Name	Day	Dates	Class Time	Class Format	Cost
Bootcamp	Monday	6/26, 7/10, 7/17, 7/24, 7/31, 8/7, 8/14, 8/21	7:10-7:40PM	30 min instructional class	\$ 40.00
Plyometrics	Tuesday	6/27, 7/11, 7/18, 7/25, 8/1, 8/8, 8/15, 8/22 (no 7/4)	6:10-6:40pm	30 min instructional class	\$ 40.00
Saturday Wake Up	Saturday	7/1, 7/8, 7/22, 7/29, 8/5, 8/12, 8/19, 8/26 (no 7/15)	9:00-9:45am	45 min instructional class	\$ 60.00

Private and Semi-Private Personal Training sessions can be booked by emailing Sara@rosegardenicearena.com

Hockey Programing

Name	Day	Dates	Class Time	Class Format	Cost
Learn to Play Hockey (class has pre-requisites)	Saturday	7/1, 7/8, 7/15, 7/22, 7/29, 8/5, 8/12, 8/19, 8/26	1:40-2:40pm	50 minute instructional class	\$ 180.00
Extreme Power Skating	Monday	6/26, 7/10, 7/17, 7/24, 7/31, 8/7, 8/14, 8/21	7:10-8:10pm	60 minutes instruction	\$ 160.00
Extreme Power Skating	Thursday	6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10, 8/17, 8/24	7:10-8:10pm	60 minutes instruction	\$ 180.00
Mites/Squirts Clinic	Wed	6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9, 8/16, 8/23	5:30-6:30pm 6:45-7:15pm	60 Minutes on Ice Instruction 30 minutes dry land training	\$ 189.00
PeeWee/Bantam Clinic	Wed	6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9, 8/16, 8/23	5:55-6:25pm 6:40-8pm	30 minutes dry land training 80 minutes on ice instruction	\$ 225.00
Adult Instructional Hockey (all levels)	Wed	6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9, 8/16, 8/23	8:10-9:30pm	Combo of skills and game play	\$ 180.00

