

USFS Competition:

Test Track vs Well Balanced Program

TEST TRACK (FROM USFS WEBSITE)

The test track is a new event for all non-qualifying competitions that limits the difficulty of skating elements performed in each level. The test track will line up the test structure requirements with the competition levels, giving skaters a fair playing field to continue competing and testing according to their abilities. There are no age restrictions for any of the levels included in the test track curriculum.

Test track is designed for skaters whose main focus is testing rather than competition but still enjoy competing. Test track requirements are the same as the test for each level.

Skaters may not enter both a Well-Balanced Free Skate or Introductory Level event and a Test Track Free Skate event at the same non-qualifying competition. The 6.0 judging system will be used for all test track events.

Adding an alternative track for restricted competition will encourage skaters, offer them opportunities for success in a competitive atmosphere while they continue to progress through the test structure, gain credentials for future endeavors and retain membership in U.S. Figure Skating. Competitions that host these events will be offering more opportunities to keep skaters motivated along the pipeline and keep them enthusiastic about their abilities in hopes of retaining skaters who may be discouraged by the high level of technical elements at all levels.

WELL BALANCED PROGRAM (WBP)

USFS Well Balanced program is designed for the competitive skater who is on the track toward Regionals and qualifying competitions. The skating standard is far above the test level. Skaters who choose to compete in this more aggressive track may decide not to test USFS Freestyle tests to maintain age and level eligibility for qualifying events.

See Included charts for the requirements for both Test Track and Well Balanced Program requirement.