

My child has never played hockey before. Where do I begin?

#### Step 1: Pre Hockey (Tots/LTS)

This introductory class is where skaters will learn basic skating skills such as two foot glides, forward swizzles, back wiggles, and stopping.

### Step 2: Hockey Learn to Skate

This class focuses on more advanced skating skills to prepare the skater for our learn to play hockey program. Skaters will learn terminology and further develop balance and skating technique.

## Step 3: Learn to Play Hockey

Skaters will continue to develop their skating while working on stick and puck handling, shooting, and will include small area games to help reinforce these techniques.

# **Get Geared UP!**



#### Pre Hockey (Tots / Learn to Skate)

Required Equipment: Helmet, gloves, skates **Hockey Learn to Skate** 

Required Equipment: Hockey Helmet with cage, hockey gloves, hockey skates

Skate rental included in class cost if needed and all other equipment is optional but can be worn

# Learn to Play Equipment

Required: Hockey Helmet with cage, hockey skates, elbow pads, shoulder pads, hockey pants, shin pads, hockey gloves, and hockey stick

Visit Ferguson's Ice Center Pro Shop



# RoseGarden Instructional Hockey

Pre Hockey

Hockey Learn to Skate

Learn to Play Hockey

641 New London Turnpike
Norwich, CT 06360
Rink: (860) 892-2555
Director Cell: (860) 608-0855
rosegardenicearena@gmail.com
www.rosegardenicearena.com

# I have completed all instructional hockey. What is NEXT?

- Spring and Summer House Leagues
- Camps and Clinics
- Southeastern CT Youth Hockey (www.SECYH.org)



For More information about rink programming, please contact:

Tiesha DiMaggio Program Manager (860) 608-0855

# What you need to know:

- ☐ Please choose from the

  programs and days that are

  available using the program

  registration sheet
- ☐ You will receive a name tag for your Pre Hockey and Hockey

  Learn to Skate class. Please

  make sure they are picked up

  and dropped off each week so

  they can be updated
- ☐ All skaters will be evaluated regularly
- ☐ Some levels and skills are more difficult and may take more than one session to complete.

  Don't be discouraged!
- ☐ We highly recommend that skaters practice skating skills on public skating sessions.

Practice makes perfect!

### **Terms and Conditions**

- All Pre Hockey and Hockey Learn to Skate
   Participants must be current Learn to Skate
   USA members. Membership runs from 7/1 6/30 of each year, regardless of the time of
   registration. Please visit
   LearnToSkateUSA.com to register.
- Tuition must be paid in full before going on the ice. We do not offer refunds or credits
- Make Up classes may only be scheduled in the event of a medical emergency with a doctor's note or proper documentation
- RGIA reserves the right to change or cancel the time or day of the class. If fewer than 4 skaters are enrolled in a class, it may be cancelled or combined with another class
- During the first two weeks of class our professional staff will evaluate skaters based on age and ability
- All students must wear their nametag to Pre Hockey and LTPH. They must be picked up and dropped off each week.
- A parent or guardian must be present in the rink during class time.