

## RoseGarden Sunday Spin Workshop

Sunday 4:10-4:40pm 6 weeks \$105.00\*\* 11/5, 11/12, 11/19, 12/3, 12/10, 12/17 (no 11/26)



- Spin Technique
- Difficult Variations
- Centering Spins
- ♦ Faster Spins
- Basic Positions



- Skaters can combine on ice classes, off-ice training, and practice (freestyle) sessions with our TRAINING PACKAGES
- \*Register at least 48 hours before the start date of class (online or at box office) and receive a \$15.00 discount for each class day registered.

## REQUIRED Learn to Skate USA Membership: www.LearnToSkateUSA.com

All skaters must purchase a Learn to Skate USA membership online prior to registering. The cost is \$17.25 per year which runs from July 1st-June 30th annually. A Learn to Skate USA or Full USFS membership is required for all RoseGarden on ice classes.

RoseGarden Ice Arena will still be providing a full ISI Membership for all skaters which is included in the class cost.

Skaters with a FULL USFS membership do not need to purchase a LTS-USA Membership.

NO MAKE UPS or REFUNDS for missed classes | See www.rosegardenicearena.com for more class details

**Multiple Program Discounts**: 5% off 2 on ice classes | 10% off 3 off ice classes | 15% off 4 off ice classes | 20% off an off ice class when you sign up for an on ice class (**see Training Packages**)